

USDA National Nutrient Database for Standard Reference Release 28

## Statistics Report 32012, Pizza rolls, frozen, unprepared

**Report Date:December 03, 2015 14:02 EST**

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
<strong>Proximates</strong>													
Water	g	27.86	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Energy	kcal	328	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Energy	kJ	1371	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Protein	g	8.73	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	03/2013
Total lipid (fat)	g	9.98	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	03/2013
Ash	g	2.72	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Carbohydrate, by difference	g	50.72	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Fiber, total dietary	g	1.2	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	03/2013
Sugars, total	g	3.74	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	03/2013

Minerals

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Calcium, Ca	mg	125	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	03/2013
Iron, Fe	mg	1.80	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	03/2013
Magnesium, Mg	mg	20	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Phosphorus, P	mg	137	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Potassium, K	mg	301	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Sodium, Na	mg	599	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	03/2013
Zinc, Zn	mg	0.73	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Copper, Cu	mg	0.131	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Selenium, Se	µg	12.1	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
<b>Vitamins</b>													
Vitamin C, total ascorbic acid	mg	0.0	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	03/2013
Thiamin	mg	0.202	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Riboflavin	mg	0.212	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Niacin	mg	2.075	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Pantothenic acid	mg	0.146	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Vitamin B-6	mg	0.070	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Folate, total	μg	46	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Folic acid	μg	35	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Folate, food	μg	11	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Folate, DFE	μg	71	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Choline, total	mg	13.5	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Vitamin B-12	μg	0.26	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Vitamin B-12, added	μg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Vitamin A, RAE	μg	67	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Retinol	μg	50	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Carotene, beta	μg	209	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Carotene, alpha	μg	7	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Cryptoxanthin, beta	μg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Vitamin A, IU	IU	519	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2014
Lycopene	μg	6530	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Lutein + zeaxanthin	μg	4	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Vitamin E (alpha-tocopherol)	mg	1.59	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Vitamin D	IU	1	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Vitamin K (phylloquinone)	µg	4.6	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
<b>Lipids</b>													
Fatty acids, total saturated	g	2.494	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	03/2013
4:0	g	0.050	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
6:0	g	0.010	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
8:0	g	0.012	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
10:0	g	0.025	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
12:0	g	0.020	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
13:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
14:0	g	0.168	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
15:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
16:0	g	1.475	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
17:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
18:0	g	0.678	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
20:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
22:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
24:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Fatty acids, total monounsaturated	g	3.849	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
14:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
15:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
16:1 undifferentiated	g	0.066	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
17:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
18:1 undifferentiated	g	3.758	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
20:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
24:1 c	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Fatty acids, total polyunsaturated	g	2.853	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
18:2 undifferentiated	g	2.646	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
18:3 undifferentiated	g	0.200	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
18:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
20:2 n-6 c,c	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
20:3 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Fatty acids, total trans	g	1.200	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2014
Cholesterol	mg	6	--	--	--	--	--	--	--	--	Calculated from nutrient label by NDL	--	03/2013
<b>Other</b>													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Caffeine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013
Theobromine	mg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2013